

# 4th Day Talk Guidelines

Please accept the sincere thanks of the Big Bend Emmaus community for agreeing to give the 4th Day Talk!

We believe God will bless you as you prepare for your talk and the community will be blessed by the words you are led to share. The guidelines that follow are intended to assist in your preparation.

Your talk should be no longer than 10 minutes in length. It should cover one experience or idea and not a long list of experiences. It is a talk about Your 4th Day (your post-Emmaus journey with the Lord). Your talk should be a personal story, stated honestly, at your normal talking speed, and presented in a “down to earth” manner.

- Your talk might tell how the Walk changed the way you serve God in your church or community.
- It might tell how the way you see God or have experienced His love and power in your own life has changed after the Walk.
- It might tell a specific way in which you have tried to help someone know God’s love.
- It might tell about a recent experience and how you have seen and felt God’s presence.
- It might tell how you have seen God’s presence in another person and what that means to you.
- It might tell how your 4th Day Reunion group help you keep God at the center of your life.

Remember, you have 10 minutes, choose one or two topics wisely, speak naturally, avoid speaking fast to make your talk fit the limit. And most importantly, go to the Lord in prayer seeking His guidance in choosing your topic.

The 4th Day Talk should not be a sermon, instruction on Christianity or a Bible teaching, and should not try to justify a specific doctrinal position. Try to avoid talking about the specific details of an Emmaus weekend – we often have visitors at Gatherings who have not attended a Walk.

You can use the following self-test to confirm that your talk is on track; you should be able to answer “**Yes**” to all of these questions.

- Does this talk show that Jesus Christ is in my life?
- Will it show how much I want to follow Jesus?
- Does Jesus himself hold the most important place in the talk?
- Will my talk stimulate people to think of things they might plan to do to transform their home, work, church, recreation or environment for Christ?

Before the Gathering, have a friend or group of friends agree to be your prayer partner(s). Meet with them before your talk and have them pray for God’s presence while you are talking.

We believe that God has blessed your life and that He will be present with you as you prepare and present your 4th Day Talk.

**De Colores, Big Bend Emmaus Emmaus Community**